

DATE							DATE							
INDICATE SIDE TESTED							INDICATE SIDE TESTED							
NECK	Flexion						THUMB	CMC Palmar Abd.	0-70					
	Lateral Flexion							Radial Abd.	0-70					
	Extension							Flexion	0-15					
	Rotation							Adduction	0					
SCAPULA	Abduction-Serratus Ant.							MP Extension	0					
	Adduction							Flexion	0-50					
	Elevation							IP Extension	0-20					
	Lower Trapezius							Flexion	0-80					
SHOULDER	Flexion	0-180						INDEX	Opponens Pollicis					
	Extension	0-60							2nd MP Ext.	0-45				
	Abduction	0-180					MP Flex.		0-90					
	Adduction	0-75					Abduction							
	Horizontal Abduction						Adduction							
	Horizontal Adduction						PIP Ext.		0					
	External Rot.	0-90					PIP Flex.		0-100					
	Internal Rot.	0-70					DIP Ext.		0					
FORE-EL-ARM BOW	Flexion	0-150					MIDDLE	DIP Flex.	0-90					
	Extension	0						3rd MP Ext.	0-45					
	Supination	0-80						MP Flex.	0-90					
WRIST	Pronation	0-80						Abduction						
	Flexion	0-80						PIP Ext.	0					
	Extension	0-70						PIP Flex.	0-100					
	Radial Dev.	0-20						DIP Ext.	0					
	Ulnar Dev.	0-30						DIP Flex.	0-90					
UPPER EXTREMITY GIRTH MEASUREMENTS							RING	4th MP Ext.	0-45					
								MP Flex.	0-90					
								Abduction						
DIST. FROM FINGER TIP TO DIST. PALM. CREASE								Adduction						
								PIP Ext.	0					
								PIP Flex.	0-100					
DISTANCE FROM THUMB TIP TO 5TH DIGIT								DIP Ext.	0					
								PIP Flex.	0-90					
GRIP STRENGTH							LITTLE	5th MP Ext.	0-45					
								MP Flex.	0-90					
								Abduction						
								Adduction						
PINCH STRENGTH								PIP Ext.	0					
								PIP Flex.	0-100					
								DIP Ext.	0					
								DIP Flex.	0-90					
COMMENTS								Abd. Digiti Minimi						
								Opp. Digiti Minimi						